



# AROMATHERAPY INSTITUTE

Programs and Certification

## CLINICAL AROMATHERAPY I

Practitioner Certification Course

toward your trademark Registered Aromatherapist

- **To Health & Wellness Professionals**
- **Course Description: A theory and practice study on Clinical Aromatherapy as a complimentary therapy for prevention and targeted wellness improvements.**
- **Theoretical Learning Outcomes:**

- ❖ Aromatherapy: history, definition, scientific basis, types.
- ❖ Essential oils: definition, characteristics, potency, concentration in various industries.
- ❖ Understanding plant producing organs and the effects of their essences on body systems.
- ❖ Different methods of extraction of essences from their producing organ.
- ❖ Exploring the physiological, pharmacological, and psychological effects on body systems and the mind.
- ❖ Study of pathways of penetration of essential/citrus oils into the body.
- ❖ Learning and experiencing carriers, blending, proportions, method of application: bath therapy, compresses (hot/cold), various forms of inhalations, and topical application.
- ❖ Addressing pregnancy, infants, children, and elderly.
- ❖ In-depth study of 45 different oils among: essential oil/ citrus oils, absolutes and various chemotypes; their physiological, psychological characteristics on the body and mind, and safety precautions.
- ❖ Safety guidelines to prevent sensitization, photosensitization, and skin reactions.
  - **Practical formulation learning outcomes:**
- ❖ Immune/Adrenal/ Depression

**Mail Reservations To:**

Aromatherapy Institute  
 3530 Forest Lane Suite 306  
 Dallas, TX 75234  
 Phone: (214)350-8008  
 Check payable to  
 Aromatherapy Institute  
 Email: aiprograms22@gmail.com

**Date:** August 22nd -23rd<sup>th</sup> / 2015  
**Time: Day 1:** Saturday 9:00 am to 5:00 pm  
**Day 2:** Sunday 8:00 am to 3:30 pm  
**Seminar Location:** Baltimore, MD.  
**Fees:** Seminar Former price \$275.00  
 Early registration \$200.00 received by 08/08/15  
 One week before \$230.00 received by 08/015/15  
 At the door \$260.00  
 Price includes Book, and Lecture Materials  
**Note: Major credit cards accepted**

Name: \_\_\_\_\_ Type of Health Professional: \_\_\_\_\_

Mailing address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip code \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_ E-mail: \_\_\_\_\_

Credit Card: MC \_\_\_\_\_ Visa \_\_\_\_\_ AMEX \_\_\_\_\_ Discover \_\_\_\_\_ three digits back \_\_\_\_\_

Credit Card # \_\_\_\_\_ Exp. Date \_\_\_\_\_ Card Zip code \_\_\_\_\_

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